

**Kathrine Daniels PhD, LMFT**  
**AAMFT Approved Supervisor and Clinical Member**

(763) 237-2053

E-mail: dani0022@umn.edu

Web: FamilyLossAndGriefExperts.com

Web: Dr.KDaniels.com

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## **Education**

### **Ph.D. University of Minnesota, St. Paul, MN August, 1999-May 2004**

Doctoral Degree: Department of Family Social Science

Area of Concentration: Marriage and Family Therapy, COAMFTE Accredited

Internship and Practicum: Center for Life Transformation. September 2002-April 2004.

Reproductive Medicine and Infertility Associates. September 2000-September 2002.

Dissertation: *Alternative Strategies of Dissolving the Economic Partnership of Marriage*

Awards: Neubeck Award, Department of Family Social Science (2004). University of Minnesota Doctoral Dissertation Block Grant, (2002-2003).

Research Interests: Family therapy, sexuality, infertility, and family work/life balance.

Skills: Fluent in conversational Spanish, SPSS Statistical software program, Microsoft Word and Excel.

### **M.S. Colorado State University, Fort Collins, CO, August 1999**

Master of Science: Department of Human Development and Family Studies

Emphasis: Marriage and Family Therapy, COAMFTE Accredited

Thesis: “*An investigation of the relationship between self-esteem and emotion work on couple satisfaction*” (quantitative research)

Advisor: Ronald Werner-Wilson, Ph.D.

Coordinator: Colorado State University Premarital program. December, 1997-March, 1999.

### **B.S. University of Minnesota, Minneapolis, MN, May 1995**

Bachelor’s of Individualized Studies: Family Social Science, Psychology, and Spanish

Practicum: Counseling/Spanish

Honors thesis: *Students’ Attitude Change in a Marriage and Family Course*

Advisor: David Olson, Ph.D.

Honors and awards: Summa Cum Laude, Phi Beta Kappa, Golden Key National Honors Society Dean’s List all semesters

## **Clinical Background**

American Association of Marriage and Family Therapy (AAMFT) Clinical member and Approved Supervisor.

Licensed Therapist in Private Practice: Arden Hills Office Park, Arden Hills, MN, April 2013-present.

Providing therapy to individuals, couples, and families.

Supervisor: Providing independent supervision to individuals, dyads, and groups for those working towards licensure in marriage and family therapy. 2004-present.

Licensed Therapist in Private Practice: New Brighton Family Service Center, New Brighton, MN, January 2010-April 2013.

Providing therapy to individuals, couples, and families.

Licensed Therapist in Private Practice: Healthy Measures, Maple Grove, MN, May 2006-2010.

Providing therapy to individuals, couples, and families.

Supervisor: Emily Program, St. Paul, MN September 2008-January 2009.

Provided supervision for intern therapists for an interdisciplinary team at a clinic that specialized in treating eating disorders.

Supervisor: University of Minnesota, Star Clinic, Minneapolis, MN May 2008-September 2008.

Provided supervision for intern therapists for an interdisciplinary team at a clinic that specializes in treating eating disorders.

Licensed Therapist in Private Practice: Center for Life Transformation, Brooklyn Center, MN, April 2004-May 2006.

Provided therapy to individuals, couples, and families.

Intern and Practicum Therapist: Center for Life Transformation, Brooklyn Center, MN, September 2002-April 2004.

Provided therapy to individuals, couples, and families.

Supervisor: Anna Hultquist, Ph.D.

Practicum Therapist: Reproductive Medicine and Infertility Associates, St. Paul, MN September 2000-present.

Provided therapy to individuals and couples. Provide assessment and consultation for infertility services

Supervisor: Debra Simmons, Ph.D.

Practicum Therapist: Meta-Associates. Spring, 2000-August, 2000.

Provided therapy to couples.

Supervisor: Ellie Adams, M.S.

Practicum Therapist: Front Range Psychotherapy, Fort Collins Colorado, August 1998-July, 1999.

Provided therapy for couples, families, and individuals.

Supervisor: Dr. Roger Cauglin and Dr. John Grogan

Practicum Therapist: Pro-Bono Project, Fort Collins Colorado, August 1998-July, 1999.

Provided therapy for couples, families, and individuals.

Supervisor: Dr. Roger Cauglin

Practicum Therapist: Colorado State Marriage and Family Therapy Clinic, Fort Collins, Colorado, August 1997-July, 1999.

Planned and provided therapy for couples, families and individuals and groups. Maintained case files.

Supervisor: Dr. Toni Zimmerman

Case Manager: TSE Inc., Roseville, MN, February, 1996 -August, 1997.

Case management for clients. Data analysis of goals, wrote quarterly reports, wrote and revised goals and methodologies for clients. Planned and implemented client programs. Conducted meetings with *IDT* members (resident care givers, social workers, guardians, and family members). Worked daily with clients and cared for their personal needs.

Supervisor: Chris Stiener

## Teaching

Course Instructor, Adjunct Program Assistant Professor: Saint Mary's University of Minnesota: MFT 670, Practicum Course. Summer 2012.

Course Instructor, Adjunct Program Assistant Professor: Saint Mary's University of Minnesota: MFT 670, Practicum Course. Spring 2012.

Course Instructor, Adjunct Program Assistant Professor: Saint Mary's University of Minnesota: MFT 670, Practicum Course. Summer 2011.

Course Instructor: University of Minnesota: FSoS 8003 Current Issues in Family Social Science. Spring 2010

Course Instructor: University of Minnesota: FSoS 8035 Couple and Family Assessment, Fall 2006.

Course Instructor: St. Paul, MN, AAMFT Approved Supervision Course. Fall 2004.

Graduate Teaching Assistant: University of Minnesota: Family Psychology, undergraduate course. Spring 2002.

Assisted in course development and design and developed writing assignments. Delivered class lectures. Provided feedback for students' writing assignments. Graded writing assignments. Maintained excel grading spread sheet. Held office hours and provided guidance to students.

Supervisor: Dr. Liz Weiling

Graduate Teaching Assistant: University of Minnesota: Families and Aging, undergraduate course. Fall 2001.

Provided feedback for writing assignments. Developed grading criteria. Graded quizzes and writing assignments. Maintained excel grading spreadsheet. Provided guidance to students. Administered quizzes.

Supervisor: Dr. Wayne Caron

Graduate Teaching Assistant: Colorado State University: Marriage and Family Therapy Theories, Fall 1998.

Assisted in course development for a graduate level marital and family therapy theories course. Developed and delivered lectures. Facilitated class discussions. Graded papers, exams and coached projects. Final grade reports and progress reports. Developed class materials. Conducted study groups. Assisted with future curriculum design.  
Supervisor: Dr. Toni Zimmerman

Guest Lectures:

Research Methods, Bethel College, Spring 2003  
Intimate relationships, University of Minnesota, Fall 2001.  
Counseling Skills Practicum, University of Minnesota, Spring 2002.

## **Research Experience**

Graduate Research Assistant: The Impact of Family Court and Child Support Decisions on the Economic Well-being of Minnesota Families Project. Spring 2000 – July 2002.

Assisted and created the procedural manual. Developed the database. Developed the codebook. Supervised undergraduates on data collection trips. Provided data collection of divorce decrees. Attended project meetings and training. Brainstormed and developed qualitative methodology for future research study. Conducted grant searches. Performed literature searches on divorce, spousal maintenance, and paternity cases. Planned and organized out of town data collection trips. Completed data coding. Worked on travel budgets.  
PI: Dr. Kathy Rettig

Graduate Research Assistant: General research assistant, September, 1999-May, 2000.

Performed literature reviews on determinants of marital satisfaction, advertising to children and the Bayle Assessment Scales. Provided critical analysis of the Bayle Assessment Scales and other research topics. Provided feedback and editing of manuscripts. Investigated/researched citations. Ran demographics on SPSS. Designed models and visual graphics for manuscripts.  
Supervisor: Dr. William Doherty.

Graduate Research Assistant: The efficacy of a two-way immersion bilingual educational program, August 1998-August 1999.

Completed human subjects approval. Completed data collection of school records. Established a Microsoft Excel data base. Researched qualitative methods. Designed qualitative methods and qualitative interviews. Conducted qualitative interviews in English and Spanish. Transcribed interviews. Provided translation. Completed data organization. Conducted literature reviews of bilingual programs and an Excel spread sheet of citations. Contributed to manuscript drafts. Completed data entry. Cleaned data. Provided classroom observation and clerical jobs.  
PI: Dr. Brian Cobb

Graduate Research Assistant: Colorado State University: August 1997-August 1999  
Assisted with journal coding for a meta-analysis study/effect size analysis on parenting variables. National parenting program; performed research on different national program content. Performed literature reviews and clerical jobs.

Supervisor: Dr. David MacPhee

Graduate Research Assistant: Colorado State University: May 1998-August 1998.  
Contacted participants. Helped with instrument selection. Translation.  
PI: Dr. Cliff Barber

Departmental Graduate Research Assistant: Colorado State University: August. 1997-August 1998

Data quality check, inter-rater reliability/verification of data. SPSS-labeled variables and performed some analysis. Excel spread sheet of results Graphics/tables. Literature reviews.

Supervisor: Dr. Karen Barret and Dr. Joe Turner

## Scholarly Publications

### Peer Reviewed Journal Articles:

**Daniels, K. C.** (2004). *Alternative strategies for dissolving the economic partnership of marriage*. Unpublished doctoral dissertation. St. Paul, MN: University of Minnesota.

**Daniels, K. C.**, Rettig, K. D. & delMas, R. (2005). Alternative Formulas for Distributing Parental Incomes at Divorce. *Journal of Family and Economic Issues*. December.

**Daniels, K. C.**, Zimmerman, T. S., & Bowling, S. W. (2002). Barriers in the bedroom: A feminist approach to working with couples. *Journal of Feminist Family Therapy, 14*, 21-50.

Holm, K. E. & **Daniels, K. D.** (2004). Eat the flan: Real women have curves [movie review]. *Journal of Feminist Family Therapy, 15*, 95-98.

Zimmerman, T. S., Holm, K., **Daniels, K. C.**, & Haddock, S. A. (2002). Barriers and bridges to intimacy and mutuality: A critical review of sexual advice found in self-help bestsellers. *Contemporary Family Therapy, 24*, 289-311.

Holm, K., & **Daniels, K. C.** (2002). Adventures in parenting: Spy kids [movie review]. *Journal of Feminist Family Therapy, 14*, 128-129.

Bowling, S.W., Zimmerman, T. S., & **Daniels, K. C.** (2000). "Empower": A feminist consciousness-raising curriculum for adolescent women. *Journal of Child and Adolescent Group Therapy, 10*, 3-28.

Werner-Wilson. R. J., Zimmerman, T. S., **Daniels, K.**, & Bowling, S. M. (1999). Is therapeutic alliance influenced by a feminist approach to therapy? *Contemporary Family Therapy, 21*, 545-550.

### Manuscript in Preparation:

**Daniels, K. C., & Leoni, J.** The Benefit of Utilizing a Family Social Science Application to the CIVJIGS Measure of Damages, in the Wrongful Death of a Child.

**Daniels, K. C., & Boss, P.** The Family Expert Witness: Family Science Application for the Law.

### **Professional Presentations**

#### National:

**Daniels, K. C.** (2015). The Goods on Grief: Busting the Myths. Keynote speech, Presented at Shirecliff Auditorium, Vincennes University Campus, Vincennes, Indiana.

Boss, P., **Daniels, K. C.**, Holm, K., (2007). The Family Expert Witness: Family Science Application for the Law. Presented at the American Academy of Economic and Financial Experts Annual Conference, Santa Fe, New Mexico.

Boss, P., **Daniels, K. C.**, Holm, K., Jungbauer, William G., Barczak, Ronald J., & Thomas R. Ireland (2006). The Family Expert Witness: Family Science Application for the Law. Presented at the National Council on Family Relations Annual Conference, Minneapolis, Minnesota.

Conner, J. J., **Daniels, K. C.**, & Simmons, D. (2003). Fertile ground: Marriage and family therapists in infertility treatment. Presented at the American Association of Marriage and Family Therapy Annual Conference, Long Beach, California.

**Daniels, K. C.**, Holm, K. E., Zimmerman, T., & Haddock, S., (2001). Sexual barriers and bridges: A guide for working with couples. Presented at the American Association of Marriage and Family Therapy Annual Conference, Nashville, Tennessee.

Werner-Wilson, R., Zimmerman, T., **Daniels, K. C.**, & Bowling, S. (1998). Is therapeutic alliance influenced by a feminist approach to therapy? Presented at the Annual Conference of the National Council of Family Relations, Milwaukee, Wisconsin.

#### Regional-Local:

**Daniels, K. C., Leoni, J. (2015).** Family Social Science Application for the Wrongful Death of a Child. Minnesota Association for Justice, 33<sup>rd</sup> Annual Conference, Alexandria MN.

**Daniels, K. C. (2014).** Ambiguous Loss. Presented at the therapist staffing at Watercourse Counseling Center, Minneapolis, MN.

**Daniels, K. C. (2004).** Techniques from: How to talk to kids will listen and listen so kids will talk. Presented at the monthly meeting of Mothers of Preschoolers, Lutheran Church of the Master, Brooklyn Center, MN.

**Daniels, K. C.,** Holm, K. E. (2002). Deconstructing barriers in the bedroom: A guide for working with couples. Presented at MAMFT Students on Saturday, Minneapolis, MN.

Bowling, S.W., Zimmerman, T. S., & **Daniels, K. C.** (2000). "Empower:" A feminist consciousness-raising curriculum for adolescent women. Texas Association for Marriage and Family Therapy Annual Conference, Houston, TX.

### **Professional Organizations and Committees**

American Association for Marriage and Family Therapy  
Minnesota Association for Marriage and Family Therapy  
Association for Death Education and Counseling  
National Council on Family Relations

### **Awards**

Fridley High School Distinguished Alumni Award recipient (2015).

Neubeck Award, Department of Family Social Science (2004).

University of Minnesota Doctoral Dissertation Block Grant, (2002-2003).